



## POLYESTER



To find out more about fiber choices and how they relate to the four heaviest environmental impacts in the fashion industry, please see the Clean By Design website: [www.nrdc.org/cleanbydesign](http://www.nrdc.org/cleanbydesign)



# Polyester is a Synthetic, Non-Renewable Fiber, With Some Surprising Redeemable Qualities

- Polyester is derived from petroleum
- In just the last decade, polyester has surpassed cotton as the most commonly produced fiber

### Publicized environmental concerns:

- Energy requirements for fiber production are high. Energy inputs and greenhouse gas emissions in polyester production are high (125 MJ/kg fiber versus 100 MJ/kg of viscose fiber)
- Most commonly, the chemicals used in production are not released to the environment
- However factories without end-of-pipe wastewater treatment systems, release antimony along with a host of other potentially dangerous substances like cobalt, manganese salts, sodium bromide, and titanium dioxide.

### Polyester production is not entirely worse for the environment compared to natural fibers

- Water consumption in producing polyester is much lower than for natural fibers, sometimes little to none.

### Recycled Polyester is a Better Environmental Choice and Gaining In Popularity

Recycled polyester is made from recycled plastic bottles, sometimes referred to rPET. It also:

- Saves petroleum and dependency on oil
- Requires 70 percent less energy than virgin fiber
- Keeps bottles out of landfills
- However it costs about 15 to 20 percent more than virgin fiber
- The output of rPET is also of lesser grade quality than virgin polyester

Price, capacity and purity levels are currently limiting rPET

- Manufacturers are confident that these issues will be resolved soon

**PLA** (polylactic acid), is a synthetic substitute produced from renewable resources like corn and sugar beets, and is biodegradable. This option is promising environmentally, but fairly new and not widely accessible at this time.

**We recommend using recycled polyester whenever possible, and to keep informed about PLA production as a more viable substitute for the future.**

**For detailed information on polyester, please see our in-depth report and citations to research sources.**