6 OF THE MOST COMMONLY WASTED EDIBLE FOODS

HOW MUCH FOOD IS WASTED IN HOUSEHOLDS?

LIFTING THE LID ON WASTED FOOD IN DENVER, NASHVILLE, AND NEW YORK

BIGGEST GENERATORS OF FOOD WASTE

HOUSEHOLDS & RESTAURANTS

HOW MUCH FOOD IS WASTED IN HOUSEHOLDS?

6 OF THE MOST COMMONLY WASTED EDIBLE FOODS

3.5 POUNDS
on average, per person per week

COFFEE
MILK
APPLES
BREAD
POTATOES
PASTA

76%
believe they throw out less food than the average American

70%
believe changing behavior would reduce food waste in their home a little or not at all

58%
feel less guilty about wasting food if it is composted

2/3
of which is potentially edible

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