

What Needs To Be Done?

Why?

What We Can Do!



Power And Voice



Reduce, Reuse, Recycle



Cut Food Waste & Eat Less Meat



Improve Air Quality & Decrease Harmful Emissions



Protect and Provide Access to Our Parks



Build Partnerships



Support Clean Energy Jobs



Reduce Inequality and Promote Women

We all have a responsibility to help protect our planet. We can work together to decrease the harmful effects of climate change to our health, our natural resources, and our pocketbooks.

Canvass in your neighborhood and help others register to vote. Participate in elections and organize around important environmental and community issues. Empower yourself and others to buy environmentally friendly household items like smart light bulbs, water filters, and energy efficient products and join an energy co-op if you can.

Recycling and reusing stuff decreases the amount of energy and raw materials used to make new products. Reducing things we throw away reduces the amount of garbage that ends up in landfills and our ocean.

Reduce your waste. Use glass and reusable containers. Skip the plastic straw and plastic bags. Donate clothes and compost food scraps. Reuse and recycle cardboard.

Producing a pound of beef generates far more greenhouse gas emissions than a pound of chicken, fish or vegetables. It also requires 1,800 gallons of water and, unless it's organically produced, may have been treated with hormones, antibiotics and other harmful chemicals.

Choose sustainably produced and organic poultry, fish, fruit and vegetables. Get your neighbors together and plan a community garden. Purchase food from your local farmers market or a community supported agriculture (CSA) program.

Driving less keeps carbon dioxide (CO₂) and other air pollutants out of the air and helps all living things breathe better. 60% of carbon pollution from the transportation sector is from passenger vehicles.

Walk more, take public transit—including buses and trains—and enjoy the conversation. Use electric vehicle ride shares and bikes.

Trees and other plants in our parks, forests and green spaces absorb CO₂ that is driving climate change, while also providing cooling shade and natural beauty. Spending time in nature is [scientifically proven](#) to help people.

Go for a walk in the park, enjoy a family cook-out, camping trip, fish or swim in a lake or ocean. Plant trees and pick up trash in your neighborhood.

Educate each other and encourage policies to protect our communities. Working together, some adaptation measures can provide benefits today.

Plan ahead for disasters with your family, friends, and neighbors. Encourage your local government to fix or replace failing infrastructure.

Overall, clean energy jobs totaled more than 3.26 million at the end of 2018, and this number is growing. These jobs provide sustainable income and economic growth.

Look out for free green jobs training information sessions offered by community organizations and apprenticeships programs.

Women are essential to addressing climate change. When women and girls succeed, so does everything else.

Advocate for your fellow female friends and colleagues and make sure they have the access and tools they need to make a difference.

Every little positive action to fight climate change adds up to be one big piece of the solution.